



A PROGRAMME FOR MEN WHO WANT TO CHANGE THEIR VIOLENT AND ABUSIVE BEHAVIOUR TOWARDS THEIR FEMALE PARTNERS OR EX PARTNERS

This group work programme is available to men in East Berkshire and Wokingham and will enter its fourth year in April 2010.

The basic criteria for acceptance onto the programme are that the man

- Is aged 18 years or over;
- Accepts he has been violent, abusive or threatening to his female partner, or ex partner, and has some degree of motivation to change his behaviour;
- Lives in one of the following areas - Bracknell Forest, Royal Borough of Windsor and Maidenhead (including Ascot), Slough or Wokingham Borough.

Referral process

- Men may attend as part of an agreement with the agency that refers them.
- Referrals are accepted from any agency operating in the East Berkshire or Wokingham area – for example, social services, police, courts, lawyers, Relate.
- Men may refer themselves directly to the programme.
- To make a referral call John Roberts on **07818 054 563**.
- A 45minute assessment interview is required before men are accepted onto the programme.
- If accepted onto the programme, Changing Ways will refer the female partners/ex partners for support from Women's Aid.
- Once men attend, Changing Ways will maintain regular liaison with referring agencies in respect of individual men
- The female partners/ex partners of any men attending Changing Ways will be contacted by Changing Ways to give her information about the men's participation in it.

The Programme

- The programme comprises of 30 structured group sessions designed to help men understand their violent and abusive behaviour and learn new ways of behaving.
- Sessions last two hours and take place in Maidenhead on a Monday evening.
- The programme is NOT an anger management or counselling group; it focuses on changing attitudes and behaviours.

Services for Women

- Female partners/ex partners of abusive men can access support services through:
 - **Berkshire Women's Aid** (*Bracknell, Wokingham*) on **0118 950 4003**, or
 - **Berkshire East and South Bucks Women's Aid** (*Windsor, Maidenhead, Ascot, Slough*) on **01753 549865** or **0800 085 2654**, or
 - **SAWIN** (*Slough Asian women's Information Network*) on **0800 923 2852**
- Free and confidential advice is provided through outreach and drop in services aimed at helping anyone who has experienced, or is experiencing domestic abuse.

Changing Ways believe that everyone has the right to live free from violence and the threat of violence

The Changing Ways programme has been designed and provided by Lakeside Consultants for Bracknell Forest Council, Royal Borough of Windsor and Maidenhead, Slough Borough Council and Wokingham Borough Council